

DEER TRAIL 2023-2024 ATHLETIC/ACTIVITY HANDBOOK AND DISCIPLINE CODE BOOK



SCHOOL ADMINISTRATION AND BOARD OF EDUCATION
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MS/HS Principal: Mr. Greg Swiatkowski, 303.769.4421 Ext: 219
Elementary Principal: Seandra Humbert, 303.769.4421 Ext: 188
Athletic Director: Mr. Mike Jobman, 303.769.4421 Ext: 110

President ~ Candice Reed ~Term Expiration 11/2023
Vice President ~ Mike Cowell ~Term Expiration 11/2023
Secretary ~ Richard Haight ~ Term Expiration 11/2023
Treasurer ~ Patrick Duff ~ Term Expiration 11/2023
Director ~ John Burcl~ Term Expiration 11/2023

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Business Manager ~ Mrs. Nanci Sweet, 303.769.4421 Ext: 108
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DEER TRAIL SCHOOL DISTRICT 26J
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DEER TRAIL'S MASCOT IS THE EAGLE
SCHOOL COLORS ARE RED AND WHITE

ANY ITEM OR ISSUE NOT ADDRESSED IN THIS HANDBOOK WILL REFER TO BOARD POLICY AND COLORADO STATE STATUTE

ATHLETICS/ACTIVITIES

ALL ITEMS CONTAINED WITHIN THIS POLICY HANDBOOK ARE EFFECTIVE FOR A STUDENT'S ENTIRE SECONDARY CAREER.

- Interscholastic athletics/activities shall be regarded as an integral part of the total education program.
- Interscholastic athletics are considered a supplement, not a replacement, for physical education.
- Interscholastic athletic programs shall be conducted in accordance with the Colorado High School Activities Association and the National Federation of State High School Associations.
- Interscholastic athletic activities shall be under the supervision of certified and approved coaching personnel, under the direction of the building administrator and the building athletic director.
- The safety of the student and the coaching staff shall remain a primary focus in the administration of athletic programs and activities.

STUDENT CONCERNS, COMPLAINTS, AND GRIEVANCES

File: JII-R

For the purposes of this procedure, the following categories of complaints are established:

1. Conduct of an individual.
2. Departmental procedures.
3. Building procedures.
4. Board policies and regulations.
5. Curricular programs.
6. Civil rights.
7. All others.

Complaints must be initiated in writing, dated, and signed by the complainant. Forms for this purpose are available in the Principal's office or in the Business Office. Completed forms must be filed with the appropriate persons as follows:

1. Conduct of an individual: immediate supervisor of the individual. The building principal is the supervisor of the teachers; the appropriate director is the supervisor of the principal or support staff members.
2. Departmental procedures: Building principal.
3. Building procedures: Building principal.
4. Board policies and regulations: Appropriate director.
5. Curricular programs: Appropriate director.
6. Unlawful discrimination: see Policies AC, ADA, JB, JBA, and JBB.
7. All others: Building principal.

When a complaint is filed in writing, a conference will be held with the complainant within five school days. A written response will be given to the complainant within 10 school days following the conference.

If the complaint is not resolved to the satisfaction of the student, a written appeal may be submitted within 10 school days in accordance with the appeal procedures.

Appeals must be made in the following order: Building principal, appropriate director, superintendent, Board of Education.

When an appeal has been filed in writing, a conference will be held with all parties involved within 10 school days. A written response will be given to the complainant within 10 school days following the conference.

If the appeal should reach the level of the Board of Education, a meeting with the Board will be scheduled within 20 school days after a written appeal has been filed. A written response from the Board will be given to the complainant within 10 school days following the conference.

Complainants who are not satisfied with the resolution of the complaint within the school district have the option of contacting their local Office for Civil Rights of the U.S. Department of Education. ADOPTED 2006

MIDDLE SCHOOL INTERSCHOLASTIC ATHLETICS

The middle school athletic program is an integral part of the middle school educational experience. It is felt the purpose for middle school athletics and activities is to provide opportunity for the middle school student population to participate in interscholastic activities which have educational value and will aid in the preparation for student citizenship.

The Deer Trail Board of Education decided on April 26, 2010 to charge sports fees. In July of 2010, the decided to charge a fee of \$25.00 per Middle School athlete per sport for students the school receives a full FTE for. Any sports participant who we do not receive a full FTE for, a \$37.50 sports fee is charged. This is also in effect for the 2023-2024 school year. The Athletic Fee for a middle school athlete must be paid before a student athlete will be assigned a uniform and participate in a team contest. Middle school students can practice during their scheduled physical education time.

HIGH SCHOOL INTERSCHOLASTIC ATHLETICS

The Deer Trail School District 26J is a member of the Colorado High School Activities Association. All contests and competitions are in accordance with the rules and regulations of the Colorado High School Activities Association, National Federation of State High School Associations and the Union Pacific League.

The Deer Trail Board of Education adopted the policy on April 26, 2010 of charging a fee of \$25.00 per High School athlete per sport. This is also in effect for the 2023-2024 school year. This fee is due prior to practice. Student athletes participating in the Deer Trail School athletic program who are not attending the Deer Trail School academic program full time *(taking 5 or more classes) will be charged a fee of \$37.50 per sport.

PRIOR TO ATHLETE'S PARTICIPATION IN PRACTICE

It is imperative that all student athletes have on file, with the Athletic Director, the following forms **PRIOR** to any participation in practices, issuing of equipment or participation in team activities. Student athletes will not be allowed to compete or practice until all forms are on file with the Deer Trail School District.

Athletes must have -

1. Completed current Physical Form signed by both student & parent.
2. Parent & Student Information signed by both student & parent.
3. CHSAA Insurance Verification signed by both student & parent.
4. Current Copy of Proof of Insurance given to Athletic Director.
5. Signed Athletic Handbook Rules & Regulations Page signed by both student & parent.
6. Sports Fee paid. (\$25.00 per student who we receive a full FTE for. \$37.50 per student who we do not receive a full FTE for).

RETURNING TO ATHLETIC PARTICIPATION

A student athlete may return to athletic competition and practice following an injury once medical clearance has been received by the District Athletic Director. This medical clearance should be faxed by a registered medical physician to the district's Athletic Director. This medical clearance will state that the athlete can return to active participation with no restrictions. Once the district has received medical clearance, the athlete will then be allowed to participate in interscholastic practices, scrimmages, and contests.

TOBACCO/ALCOHOL/DRUG VIOLATION

Consumption or possession of tobacco, alcoholic beverages, use or possession of steroids other than as prescribed, or a controlled substance of any kind, on or off school grounds, is strictly prohibited for participants.

1ST OFFENSE – **The high school student participant will be suspended from the team for 2 (two) games. The middle school student will be suspended for 2 (two) games.** If the student is suspended at the end of a sport/activity season, the suspension will carry over into the next season. Students suspended at the end of the season will not be entitled to any athletic/extracurricular awards for that sport/activity. They will also not receive a letter for any sport not finished in good standing.

2ND OFFENSE – **The middle school and high school student participant will be suspended for 4 (four) games and will be required to take another substance abuse class at the student's expense.** Students, who are dismissed from the team at the end of the season, are not entitled to any athletic awards during that time. They will also not receive a letter for any sport not finished in good standing.

3RD OFFENSE - **Middle school and high school student participant will be suspended for 6 (six) games and be required to attend a substance abuse class and show proof of completion before the participant can practice or play in any further games.** They will also not receive a letter for any sport not finished in good standing.

4TH OFFENSE – **Middle school and high school participant must meet with administration.** High school participants will not be able to practice or play in any games until the meeting occurs. Middle school students won't be able to participate in any games until the meeting occurs.

A record of student violations will be kept by the administration and documentation will be provided to the student and parents of the offender. Students with discipline ineligibility are not able to participate in any practices or team activities. If a student leaves the district and returns later, that student's discipline record will pick up where it was when the student left. This contract does cover a 365-day period. These offenses do cover the entire High School athletic career.

PRE-SEASON AND OFF-SEASON SPORT CAMPS

Participation in pre-season or off-season sport camps or activities is elective and cannot be a required part of the interscholastic athletic program. Due to the fact that camps may be held on school district property, use school facilities, use school equipment and may be supervised by voluntary school coaches, pre-season or off-season camps are recognized as an optional extension of the sports/activities program. All pre-season or off-season camps using district facilities must have the approval of the Administration and Athletic Director.

ELIGIBILITY

Academic Eligibility - Academic eligibility must be maintained in accordance with guidelines handed down from the Colorado High School Activities Association. To be eligible, the student participant must meet or exceed the academic standards set forth by the school district. Academic eligibility will be determined on a weekly basis and ineligible students will not be allowed to participate in extracurricular activities for the entire week the student is ineligible. The Deer Trail School District 26J will abide by the rules and regulations set forth by CHSAA (Colorado High School Activities Association.) **A middle school or high school student will be ineligible to participate if: A student has two (Fs) or more.**

Ineligible students will miss one week of scheduled events. **Eligibility will be pulled each Thursday at 11:00 a.m. from the Student Information System.** The eligibility week will be from the following Monday through Sunday. Students, who are ineligible to participate due to academic reasons, are not allowed to travel with teams or participate in team activities until the academic ineligibility is lifted.

Extracurricular Activity Eligibility

File: JJJ-R

1. Participants must be enrolled in the district as full-time Middle School or High School students in courses that will earn .5 Carnegie units per class per semester or enrolled in a nonpublic-homebased program or an independent or parochial school taking an equivalent number of classes.
2. Students enrolled in the district must be in attendance at school in order to participate in any school-sponsored activity that is conducted on that day or that evening. For a weekend event or activity, the student must be in school attendance the last day of the week. In cases of emergency or extenuating circumstances, the principal or designee may grant an exception to this limitation
3. An eligibility list will be distributed to all teachers on Thursday for district students. Students who receive two failing grades for the week will not be eligible to participate during the following week. No eligibility lists will be published the first week of competition for participation. The activities director will certify individual student eligibility in cooperation with the guidance office. Students participating in an activity who are not enrolled in the district must provide appropriate certification stating that the academic eligibility requirements have been met.
4. Students must submit a physical examination statement to the school before participating in any sport.
5. Students must have emergency treatment, district parent permission and athletic insurance waiver forms. If applicable, filled out

Discipline Eligibility – Students, who are ineligible to participate due to disciplinary reasons, may not allowed to travel with teams, or participate in team activities until the discipline ineligibility is lifted,

Behavior Eligibility-Students who show any behavior that is detrimental to the school or the school's reputation will have to meet with the administration and the coaches to determine consequences.

DUAL SPORT ATHLETES

Athletes who compete in two or more sports during the same sports season, for example, track and baseball, will:

1. Declare a priority sport so that in the event of a conflict of contests he/she will participate in the sport chosen as the priority sport.
2. Will adhere to a practice schedule set up by the coaches and athletic director in advance of the season that will allow the athlete to practice and compete in both sports.
3. Maintain their grades and carry no mark lower than a C to compete in dual sports. If a student does have a mark that falls below a C during the season, the athlete will then be allowed to participate only in their priority sport for the remainder of that athletic season. Student athletes competing in dual sports will be held to a higher standard as the student needs a strong academic foundation to participate and fulfill the roles of being a member of two interscholastic teams.

ACTIVITY TRANSPORTATION

Transportation for participants will be arranged by the school. Students, who ride on the school supplied transportation, will be required to return the same way unless permission has been granted by administration and the sponsor prior to leaving for the activity. Students arranging other means of transportation will need to present written notification of the arrangements to the administration before the student boards the bus to be transported. Parents will also be allowed to sign participants out upon completion of the contest and assume responsibility for the participant's transportation home. Phone calls to the sponsor/coach at the contest are not sufficient means to give the student permission to find other means of transportation and the participant will ride the school transportation home. Athletes must remain on site at events they have been transported to. Violations will result in immediate discipline. This will be determined by administration.

ATHLETES COMPETING IN SPORTS IN COOPERATION WITH ANOTHER SCHOOL

Athletes who participate in an interscholastic sport in conjunction with another school will follow the guidelines, rules, and policies of both schools. In case of a difference between school policies, the athlete will adhere to the school with the stricter standard.

In addition, the athletes will agree to the following:

1. Student athletes will provide their own transportation to practices and contests required for the sport unless district arrangements have been made.
2. Only participating members or athlete parents will be allowed to provide transportation to practices or contests unless other arrangements are approved by the athletic director and/or principal prior to the event. Individuals not competing in the sport will not be allowed to travel with team members to interscholastic practice or contest.
3. Provide a copy of the game schedule, practice schedule, and other pertinent information to the athletic director.

DEER TRAIL HIGH SCHOOL STUDENT ACTIVITY PARTICIPATION CONTRACT

The conduct of a Deer Trail School participant is closely observed by many people. A participant is a representative of the team, the school and the community. It is important that a Deer Trail School participant maintain high standards in all aspects of adolescent and young adult life. Since participation in extracurricular activities is a privilege, not a right, the lack of ability to maintain expected high standards may result in a student's elimination from activity participation.

As a Deer Trail School District Extracurricular Participant and Parent/Guardian:

It is understood that participants and their families are responsible for knowing the District rules for proper behavior. It is understood that the Athletic Director and/or Administrator have the right and obligation to investigate any possible violation in the Code of Conduct. During the investigation period, the student may be suspended until the completion of the investigation. Participants are on notice of the following specific rules and penalties:

1. Prior to imposition of any suspension from activities, the administrator or his designee shall have an informal conference with the participant regarding claims that one or more rule(s) have been violated and the participant's response to such claim.
2. A participant, who knowingly possesses, uses, transports, or is knowingly in the presence of, or under the influence of, any narcotics, alcoholic beverages, controlled substances, tobacco or intoxicants of any kind, while on school grounds, off the school grounds, at any school activity, function or event is strictly forbidden. Violation of these rules will subject the participant to suspension from participation in activities, in addition to other penalties imposed under law.
3. It is understood that any serious breach of school standards may result in the student being suspended from participation for a period of time to be determined by the administrator or designee.
4. It is understood that the participant is subject to all eligibility requirements of both CHSAA and his/her school. Where such requirements differ, it is understood that the participant is subject to the stricter standard. It is the participant's duty to be aware of eligibility requirements and to ensure that he/she maintains eligibility.
5. It is understood that the student, in order to participate in an extracurricular event, must be in attendance. Exceptions must be **approved in advance** by the athletic director and/or principal.
6. It is understood that the participant accepts the responsibility for all activity equipment issued and shall provide for its proper care, storage and return. Athletes shall assume responsibility for athletic equipment not returned when due and shall be suspended from athletics until all equipment is either returned or paid for. Athletes also need to understand that uniforms and distributed equipment are to only be used for team and athletic functions only (example: team members may wear his/her uniforms to school on the day of a contest). Ineligible athletes will not be allowed to wear team uniforms during the time he/she is ineligible. Uniforms are also not to be worn after the contest is completed or on other days where there are no athletic contests unless it is a team function. By signing this form, the parent/guardian expresses willingness to assume liability for the cost of replacement of equipment not returned or damaged.
7. It is understood that sportsmanship and its many facets, such as loyalty to school, coaching staff and team members, respect for all officials, modesty in victory, graciousness in defeat, and pride in giving a maximum effort, will be shown at all times. Athletic coaches may consider these characteristics in determining an athlete's eligibility for awards and honors, such as letters, certificates, scholarship recommendations, etc.
8. Students ineligible to compete in school sponsored scrimmages or contests may be allowed to ride any school sponsored vehicle to the event.
9. It is understood that the athletic teams may sometimes practice on grounds that are not owned by Deer Trail School District 26J. For example, the track team will sometimes run streets in the town. When practice off school grounds occurs, the athletes will be supervised by the coach.
10. Any issue not covered by this code shall be resolved by the Coach and/or Athletic Director and/or Administrator.

General Team Rules

1. Doing anything that will result in consequences detrimental to the team will result in appropriate actions up to dismissal from the team.
2. Curfew on nights before a game is to be determined by the team and parents.
3. You are expected to be at practice unless you have received previous permission from the coach prior to practice taking place. If you have an unexcused absence, your participation will be at the coach's discretion.
4. You will be expected to dress in an appropriate manner when representing the school at both home and away contests. The coach will inform you of specific requirements in this area prior to the start of the season.
5. Our program will be based on class. You will act with nothing but class when representing our team and school anywhere.

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION

By its own nature, competitive athletics may put students in situations in which **SERIOUS, CATASTROPHIC**, and perhaps, **FATAL ACCIDENTS** may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choices and risk, athletic participation by middle school or high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competitions, you, the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you the student acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students **must** adhere to that instruction and utilization and **must** refrain from improper uses and techniques.

As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious, catastrophic, or even fatal injury.

DTHS Lettering Requirements

All students lettering must be a member of the Varsity Team. Athletes who quit a sport cannot rejoin that same sport that same season. The requirements for lettering are as follows:

1. FOOTBALL
 - a. Play 1/3 of the quarters in the Varsity Football games.
 - b. Anyone on the team playing for the State Championship Playoff (Final 8).

- c. Coach's discretion with approval from the athletic staff.
2. VOLLEYBALL
 - a. Play 1/3 of the games (not matches) in Varsity Volleyball.
 - b. Anyone on the team playing in the Regional Tournament.
 - c. Coach's discretion with approval from the athletic staff.
 3. BASKETBALL
 - a. Play 1/3 of the quarters in Varsity Basketball.
 - b. Anyone on the team playing in the Regional Tournament.
 - c. Coach's discretion with approval from the athletic staff.
 4. TRACK
 - a. Qualify for the State Track Meet.
 - b. Accumulate a minimum of 10 points for the season.
 - c. Set new school record.
 - d. Coach's discretion with approval from the athletic staff.
 5. BASEBALL
 - a. Play an average of three innings per game.
 - b. Anyone on the team playing in the Regional Tournament.
 - c. Coach's discretion with approval from the athletic staff.
 6. CHEER/DANCE TEAM – This runs from August to March in order to letter.
 - a. Participate in practice that week to cheer entire game.
 - b. Must not miss any more than four games
 - c. Remain eligible for the entire school year.
 7. KNOWLEDGE BOWL
 - a. Must attend all meets.
 - b. Must attend $\frac{3}{4}$ of all practices.
 - c. Coach's discretion with approval from the athletic staff.
 - d. Eligibility

OUTSTANDING SENIOR STUDENT-ATHLETE AWARD CRITERIA

1. Minimum of 3.2 GPA for four years of high school.
2. Participate in sports all four (4) years of high school and be outstanding in two (2) of the sports during two of the years in high school:
 - a. All-Tournament Team (State Level) Colorado Coaches Association (CHSCA) or Denver Post State All-Tournament Team
 - b. All State First or Second Team chosen by Denver Post
 - c. All Conference/league – 1st Team chosen by the Union Pacific League Coaches
 - d. Place at the state track meet
3. Approval by a majority of the varsity coaches and administrators who will consider the candidate's character, citizenship, and leadership qualities.

MOST VALUABLE PLAYER AWARD CRITERIA

Includes, but is not limited to:

1. Post season honors.
2. Time noted to sport.
3. Dependability on court/field.
4. Little to no class discipline issues.
5. Never on down List.

FIGHTING EAGLE AWARD CRITERIA

Includes, but is not limited to

1. The individual who gives it all.
2. Shows courage & leadership under fire.
3. Gets the job done.
4. Goes the extra mile.
5. Spends time before & after practice to improve.
6. Treats teammates/coaching staff with respect.
7. Plays with heart & soul.

DEER TRAIL 2023-2024 ATHLETIC/ACTIVITY HANDBOOK AND DISCIPLINE CODE BOOK



I understand and agree to the rules and regulations set forth by Deer Trail 26J in the 2023-2024 Athletic/Activity Handbook and Discipline Code Book.

Student Signature

Date

I understand and agree to the rules and regulations set forth by Deer Trail 26J in the 2023-2024 Athletic/Activity Handbook and Discipline Code Book for my student-athlete.

Parent Signature

Date

Please return this sheet to the Athletic Director with the rest of the athletic paperwork.